



Monstone
MASSAGE | HOLISTIC TREATMENTS



FACIALS

Express Facial

This facial treatment is an effective way to refresh and rejuvenate the skin. Tailored to your skins needs this treatment includes a double cleanse, exfoliation, mask and relaxing scalp or hand and arm massage

30 minutes - £35

Skin Bliss Facial

This luxurious skincare treatment is personalised according to your individual needs. Combining high quality products with a deeply relaxing face and scalp massage to renew the skin and calm the mind.

60 minutes - £50

Glow Boost Facial

Restore radiance to dull complexions with this revitalising facial. Vitamin C rich skin care along side Gua Sha massage techniques brightens and tightens the skins appearance. Gua Sha massage increases the flow of nutrients to the skin and promotes lymphatic drainage reducing puffiness.

60 minutes -£55

Tranquility

Sink into a state of complete relaxation with a 30 minute back massage followed by a 30 minute facial. Adapted to suit your needs leaving you feeling revitalised and calm.

60 minutes -£55

Add on a scalp massage to any treatment

15 minutes - £9.50

MASSAGE

Restorative Massage

Sink into a state of calm and relaxation with this tailored massage. A mixture of slow therapeutic movements will leave you feeling relaxed and rejuvenated
60 minutes. Full body - £50
30 minutes. Back massage - £30

Deep Tissue Massage

Reduce tension and tightness. Slow, firm strokes encourage blood flow and oxygen to aching, tired muscles. Gentle stretches will leave you feeling taller, lighter and more balanced.

30 minutes. Back - £35
60 minutes. Full body - £55

Bamboo Massage

Melt away tension and stress with this unique experience. The rhythmic movements of the bamboo provides a deep state of relaxation for both muscles and mind.

60 minutes. Full body -£55

Fire & Ice

Release built-up tension in the back and scalp with this luxurious massage. Ideal for anyone feeling highly stressed or anxious. Soothes and calms the senses with heated basalt stones and cooling face stones.

60 minutes -£50

Available as a mobile treatment without stones

Hot Stone Massage

Comfort body and mind with this therapeutic experience. Heat from basalt stones soothe and calm the senses relieving stress and tension.

60 minutes. Full body - £50
30 minutes. Back massage - £30
In salon treatment only

Indian Head Massage

Promotes a sense of calm and tranquility whilst alleviating tension. Warm rosemary oil encourages healthy hair growth with an uplifting scent to eliminate low mood and fatigue.

30 minutes - £35



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07539747128



mobile



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